



# Pro Women's Worlds

This event is held in conjunction with the KentuckyMuscle Strength & Fitness Extravaganza

	Max dead lift (Friday Night)	Viking Press (Saturday)	Farmer's Walk (Saturday)	Husa - Keg Medley (Saturday)	Atlas Stone Series (Saturday)
Women	3 Bars	3 Lanes	3 Lanes	3 Lanes	3 Lanes
LW (132 & under)	XPC- Arnold	140	150	120-125	135,150,175, 205
MW (133-165)	XPC- Arnold	160	160	120-125	150,175,205, 220
HW (166-198)	XPC- Arnold	180	180	160-150	175,205,220, 240
SHW (199+)	XPC- Arnold	200	200	160-150	175,205,220, 240

- \*Events subject to change without notice.
- \*Must have 5 competitors per weight division or weight divisions will be combined.
- \*The cut-off weight between HW and LW for the novice and masters divisions is 165 lbs.
- \*Masters division means 40+ years old.
- \*Novice means you are relatively new to the sport. You've NEVER won first place at a contest as a Novice. Open division means you are more experienced. You don't necessarily have to have experience to compete as an Open, it's an option for everyone. The top three Open competitors and the first place Novice competitor will qualify for USS Nationals in June 2017



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### United States Strongman, Inc. Contest Entry Form

Contest Director: Robby McCann

Contact: (502)316-3577 (call or text) or email: [robmccann67@gmail.com](mailto:robmccann67@gmail.com) Info for contest will be updated on the Facebook page.

Date & Time: October 28th and 29th (Two day contest)

Weigh-in: Crowne Plaza Louisville Airport Hotel (Exact rooms TBA)

**Location:** Kentucky Exposition and Fairground Center  
937 Phillips Lane, Louisville, KY 40209  
(just off I65 near Airport)

**Hotel:** Crowne Plaza Louisville Airport Hotel  
830 Phillips Lane, Louisville, KY 40209  
Phone: 800-633-8723  
Group rate: KentuckyMuscle

**Divisions:** The only Female Divisions will be LW-MW-HW-SHW open classes.

**Events:** XPC-Max Deadlift, Viking Press for reps, Farmer's walk, Husa-Keg Medley, Atlas stone series.

**Awards:** 1<sup>st</sup> thru 3<sup>rd</sup> trophies per each weight class. T-shirt given to all competitors.

Overall female deadlift will be entered into the chance to earn XPC Arnold Deadlift Championships at the Arnold Classic 2017.

Prize money overall female winners: 750\$ first place, 500\$ second place, 250\$ third place

Entry Fees: \$100 for FEMALES. Must have a valid USS membership to compete. USS membership can be purchased on the day of contest for \$20.



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**Entry Deadline: October 10th, 2016 (You may register up until October 24th but the entry fee will increase to \$125 for Females) per contestant (plus valid USS membership) No entries postmarked after October 24th 2016.**

**Mail Entries & Fees: Make checks payable to Robby McCann, 207 N. Miller St. Cynthiana, KY 41031. Can pay through paypal. Email address to pay is [codyehill@hotmail.com](mailto:codyehill@hotmail.com). Send completed entry form to the same email address. Can also pay through [www.bbrstrengthfitness.com](http://www.bbrstrengthfitness.com). Click on the StrongWoman tab.**

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against United States Strongman, Inc., Willie Wessels KentuckyMuscle, Brent Jones, Kentucky Exposition and Fairground Center, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the United States Strongman, Inc. CONTEST and its related events, I hereby grant United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to United States Strongman, Inc. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

T-shirt Size: \_\_\_\_\_ Extra T-shirt (\$15) Size: \_\_\_\_\_

Division: \_\_\_\_\_ Weight Class: \_\_\_\_\_ Height: \_\_\_\_\_ Gym: \_\_\_\_\_

Signature: \_\_\_\_\_ Parent or Guardian signature is required if competitor is under 18.